íPrep's Lunch Menu September 21-30

Menus are subject to Change

We do our best to serve the menus that are posted, but sometimes things happen and we have to make adjustments.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
21	22	23	24	25
Choose 1 Entree: BBQ Rib Sliders on WG Buns Mini Pizza Bagels Black Beans w/ Rice Bowl Sides: FTS Corn on the Cob Waffle Sweet Potatoes Assorted Fresh Fruit	Choose 1 Entree: Asian Glazed Chicken Chicken & Cheese Quesadilla Sides: Oriental Steamed Vegetables Mashed Potatoes Assorted Fresh Fruit Tossed Green Salad	Teacher Planning Day- No School	Choose 1 Entree: Chicken & Waffles Ravioli with Meat Sauce Sides: Sweet Potato Wedges Sweet Plantains Focaccia Bread Assorted Fresh Fruit Tossed Green Salad	Choose 1 Entree: Hot Turkey on a Whole Grain Bun Baked Potato W/Broc & Cheese Sides: FTS Green Beans Assorted Fresh Fruit Tossed Green Salad
Choose 1 Entree: Mini Cheeseburgers Mini Pizza Bagels Sides Strawberry Cup Seasoned Baked Fries Assorted Fresh Fruit Tossed Green Salad	Choose 1 Entree: Teriyaki Chicken with Brown Rice Turkey & Cheese on Flat Bread Sides: Oriental Steamed Vegetables Assorted Fresh Fruit Tossed Green Salad	Choose 1 Entree: Shredded Pork Hot Turkey on a Whole Grain Bun Baked Potato w/Broc & Cheese Sides: Sweet Plantains Red Beans & Rice Dinner Roll Frozen Juice Cup Assorted Fresh Fruit Tossed Green Salad		